



CYBER SAYS...

Follow these Top Security Recommendations

Cyber and fraud best practices for protecting yourself

Monitor Accounts and Credit

- Freeze your credit to prevent credit fraud:

Equifax 800-525-6285

Experian 888-397-3742

TransUnion 800-680-7289

- Monitor your accounts and credit score for suspicious activity; consider purchasing identity theft protection

Protect Your Accounts and Identity

- Create unique login identities and passwords (avoid using your email address)
- Enable two-factor authentication for Fidelity and other financial, email, phone and social media accounts
- Provide current email address and phone number so you can be contacted in real time in case of fraud
- Sign up for voice biometrics when offered
- Don't click on untrusted links or attachments in email or text
- Consider using a password vault/manager for lower risk accounts



Phishing still drives 90% of cybersecurity breaches.¹ If you're in doubt,

DON'T CLICK and DELETE!



Safeguard your Data, Mail and Online Shopping

- Backup your data to a secure cloud location
- Consider using trusted payment systems and never use debit cards for online purchases
- Protect your mail – sign up for USPS's free **Informed Delivery Service**

Secure your Devices

- Use a personal firewall and anti-virus software on your personal devices
- Use trusted devices for conducting sensitive transactions
- Avoid conducting sensitive transactions over public Wi-Fi
- Secure your mobile services, including cellphone and mobile provider account
- Update/patch your Internet of Things (IoT) devices - e.g., smart TVs



There are now more than **15 billion stolen** account credentials available to cybercrime actors.²

Make yourself a difficult target for cyber criminals by not reusing passwords and avoiding weak, commonly used passwords, e.g., 123456.

1. Graphus, Inc, January 2020

2. The Digital Shadows Photon Research team as seen on Forbes.com, July 2020